

January

(see www.schoolcafe.com for more detailed menu)

6-12 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1 No School Winter Break	2 No School Winter Break	3 No School Winter Break	4 Chicken Nuggets & Breaded Mozzarella Cheese Sticks Fruit/Veggie Milk	5 MS: Swiches HS: Chicken Alfredo w/Corn Fritters <i>Cookie</i> Fruit/Veggie Milk
8 Orange Chicken Rice Bowl w/Egg Roll & PB&J Uncrustables Fruit/Veggie Milk	9 Philly Cheesesteak Sandwich & Pizzaboli <i>Cookie</i> Fruit/Veggie Milk	10 Chicken & Waffles & Pepper Jack Grilled Cheese Sandwich Fruit/Veggie Milk	11 Chicken Nuggets & Swiches Fruit/Veggie Mik	12 Pancakes w/Sausage & Biscuit & Gravy w/Sausage <i>Cookie</i> Fruit/Veggie Milk
15 No School Martin Luther King Jr. Day	16 Mango Jalapeno Meatball Rice Bowl & Yogurt w/Granola <i>Cookie</i> Fruit/Veggie Milk	17 Rotini Spaghetti w/Garlic Bread & Mini Cheese Calzones Fruit/Veggie Milk	18 Chicken Nuggets & Bosco Sticks Fruit/Veggie Milk	19 Chicken Tetrzzini <i>Cookie</i> Fruit/Veggie Milk
22 Boneless Chicken Wings & Mac & Cheese w/Corn Fritters Fruit/Veggie Milk	23 Corn Dog on a Stick & Nashville Hot Chicken Tenders <i>Cookie</i> Fruit/Veggie Milk	24 French Toast w/Sausage & Vanilla Yogurt w/Granola Fruit/Veggie Milk	25 Chicken Nuggets & PB&J Uncrustables Fruit/Veggie Milk	26 General Tso Chicken Rice Bowl w/Egg Rolls <i>Cookie</i> Fruit/Veggie Milk
29 Beef & Cheese Quesadilla & Cheese Enchiladas Fruit/Veggie Milk	30 Popcorn Chicken & Mac & Cheese w/Corn Fritters <i>Cookie</i> Fruit/Veggie Milk	31 Breaded Ravioli & Grilled Cheese Sandwich Fruit/Veggie Milk		Lunch Prices Elem - \$2.55 MS/HS - \$2.80 Reduced Meal - \$.40 Adult Meal - \$3.45 Extra Milk - \$.70

This menu meets THE USDA MEAL GUIDELINES. This menu is subject to change without notice. This institution is an equal opportunity provider. Whole unflavored milk is provided for preschool children 12-24 months.